

WORTH ABBEY RETREAT CENTRE

"All guests who present themselves are to be welcomed as Christ for he himself will say: I was a stranger and you welcomed me."

Rule of St Benedict 53:1

Set in 500 acres of stunning West Sussex countryside, Worth Abbey offers the opportunity to rest, refresh and reflect whilst staying in our purpose-built retreat house offering a warm welcome, good food and comfortable accommodation.

Guests are welcome, from all faiths and none, who seek a closer relationship with God within the setting of a Catholic monastic community.

We offer residential or day retreats, and a space for groups to run their own retreat.



For further information contact Worth Abbey Retreat Centre at retreats@worth.org.uk or call 01342 710318

The Open Cloister Retreat Programme is available at:
worth.co.uk/retreats/retreat-programme/

Worth Abbey, Paddockhurst Road, Turners Hill,
West Sussex RH10 4SB



LIVING WITH LOSS:
A RETREAT FOR THOSE WHO HAVE BEEN BEREAVED
14th-17th November 2022



ADVENT RETREAT:
29th November – 1st December 2022



TIME OUT: INDIVIDUAL SELF-GUIDED RETREAT
21st-24th November 2022 6th-9th February 2023
12th-16th December 2022 6th-9th March 2023
15th-18th May 2023



FINDING STILLNESS: Led by Fr Peter Williams OSB
5th-8th December 2022
13th-16th March 2023
5th-8th June 2023



THE WISDOM OF ST BENEDICT: Led by Fr Martin McGee OSB
14th-16th February 2023
30th May-1st June 2023



LENT RETREAT
28th February-2nd March 2023



BENEDICTINE INDIVIDUALLY GUIDED RETREAT: (min 3 nights)
27th March-2nd April 2023
10th-16th July 2023



TAI CHI & CHRISTIAN MEDITATION: Led by Fr Peter Williams OSB
17th-20th April 2023
22nd-25th May 2023



EASTER TRIDUUM
Maundy Thursday 6th – Easter Sunday 9th April 2023



PRAYING THE EUCHARIST: Led by Fr David Jarmy OSB
25th-27th April 2023



ICON PAINTING COURSE: Led by Hanna Ward
2nd-9th July 2023

For further information see our website
W: worth.co.uk/retreats/retreat-programme/
or contact us E: retreats@worth.org.uk T: 01342 710318