

VESPERS

MONDAY

WEEK ONE

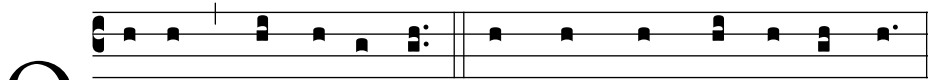
THE DIVINE OFFICE
FERIAL VESPERS



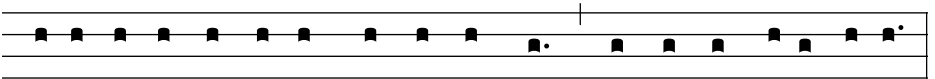
WORTH
ABBAY

MONDAY WEEK ONE

INTRODUCTION



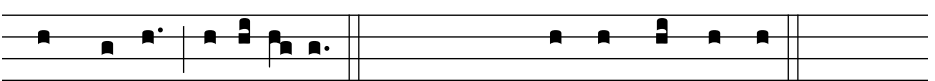
O God , come to my aid.- R. O Lord, make haste to help me.-



Glory be to the Father, and to the Son,- and to the Holy Spirit.-



As it was in the beginning, is now and ev-er shall be,- world † without



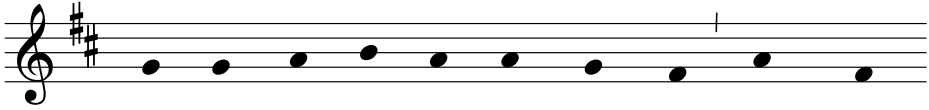
end. Amen.- A-lle-lu-ia.- In Lent † without end. Amen.-

HYMN

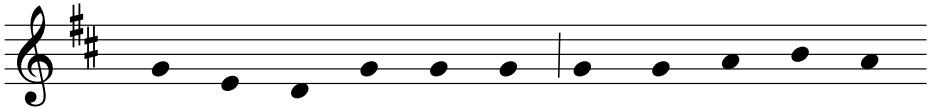
HPP2 250

*Text: Immense caeli conditor (St Gregory)**Tune as set :*

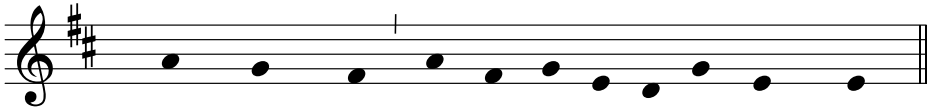
EVENING III



O good Cre - a - tor, God most high Who spread



the o - cean of the sky, And with a word of

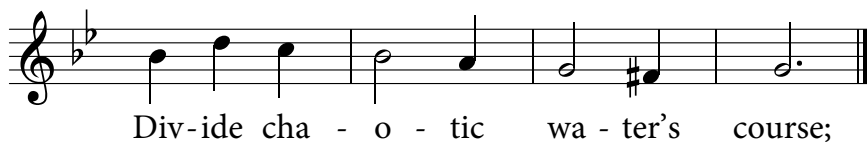
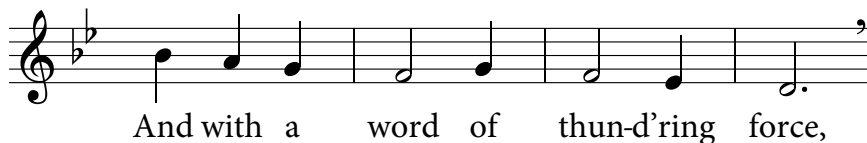
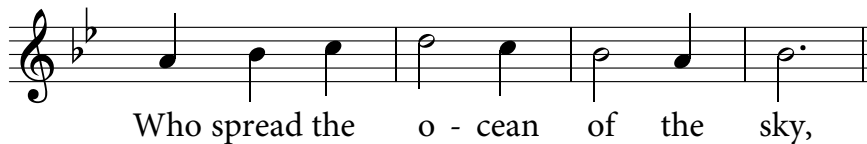
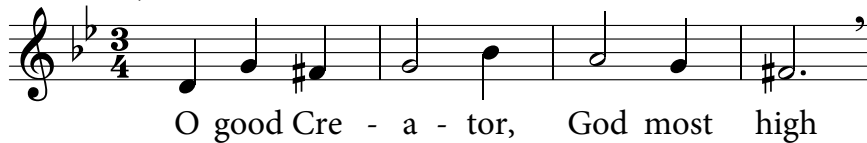


thun-d'ring force, Div-ide cha-o - tic wa-ter's course;

- 2 Who give the rains a lofty place
And guide the rivers as they race,
That flowing waters be at hand
To save the scorched and thirsty land;
- 3 O flood us from your font above
With living waters of your love,
To bathe in grace the wounded part
Of every troubled human heart.

Tune as set HPP2 250

MEIN' SEEL', O GOTT



- 4 Restore our weak and weary sight
 In streams of faith's abundant light,
 And turn our quest for passing things
 To thirst for everlasting springs.
- 5 O Father, this we ask be done
 Through Jesus Christ, your only Son,
 Whom in the Spirit we adore:
 One God who reigns for evermore.

PSALMODY

PSALM 11 (10)

The Upright Shall See the Face of God

Cast all your worries upon him because he cares for you. 1 Pet 5:7

Antiphon



In the Lord * I have taken refuge.

**In the Lord I have taken refuge.
The upright shall behold his face.**



In the LORD I have taken refuge.
How can you say to my soul,
“Fly like a bird to the mountain!

[omit C]

Look, the wicked are bending their bow!
They are fixing their arrow on the string,
to shoot the upright of heart in the dark.
Foundations once destroyed, †
what can the just one do?”

The LORD is in his holy temple;
the throne of the LORD is in heaven.
His eyes behold the world;
his gaze probes the human race.

The LORD inspects the just and the wicked;
the lover of violence he hates.
He sends fire and brimstone on the wicked,
a scorching wind to fill their cup.

For the LORD is just and loves déeds of justice;
the upright shall behóld his face.

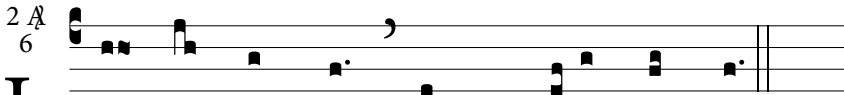
[A+D]

Glory be to the Father, and tó the Son,
And to the Hóly Spirit.
As it was in the beginning, is now and éver shall be.
World without énd. Amen

Antiphon

PSALM 15 (14)

If You Would Abide in God's Temple

*You have come to Mount Sion, to the city of the living God. Heb 12:22**Antiphon*

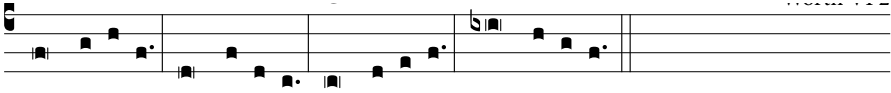
Lord, who may dwell * on your holy mountain?

**Lord, who may abide in your tent,
and dwell on your hólly mountain?**



LORD, who may abide in your tent,
and dwell on your hólly mountain?
Whoever walks without fault;
who does what is upright, †
and speaks the truth from his heart.

Whoever does not slander with his tongue,
who does no wrong tó a neighbour,
who casts no slur ón a friend,
who looks with scorn on the wicked, †
but honours those who féar the LORD.

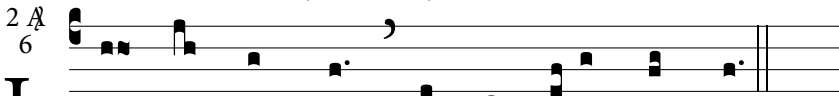


Who keeps an oath, whatéver the cost,
 who lends no móney at interest,
 and accepts no bribes against the innocent.
 Such a one shall néver be shaken.

Glory be to the Father, and tó the Son,
 And to the Hóly Spirit.
 As it was in the beginning, is now and éver shall be.
 World without énd. Amen.

Antiphon

**Lord, who may abide in your tent,
 and dwell on your hóly mountain?**



Lord, who may dwell * on your holy mountain?

PSALM 20 (19)

Prayer before the Battle

Then shall everyone be saved who calls upon the name of the Lord. Acts 2:21

Antiphon



May the Lord give you * your heart's desire.

**May the Lord give you your héart's desire,
 and fulfil every one óf your plans.**



May the LORD answer you in tíme of trial;
 may the name of Jacob's Gód protect you.
 May he send you help from the hólý place,
 and give you suppórt from Zion.

May he remember áll your offerings,
 and receive your sácrifice with favour.
 May he give you your héart's desire,
 and fulfil every one óf your plans.

May we ring out our joy át your victory,
 and raise banners in the name óf our God.
 May the LORD grant áll your prayers.

[omit C]

Now I know the LORD saves hís anointed,
 and answers from his hólý heaven
 with his right hand of sáving strength.

[omit C]

Some put their trust in cháriots or horses,
 but we in the name of the LÓRD, our God.
 They will colláapse and fall,
 but we shall rise up ánd hold firm.

Grant salvation to the kíng, O LORD,
 give answer on the dáy we call.

[A+D]

Glory be to the Father, and tó the Son,
 And to the Hólý Spirit.

As it was in the beginning, is now and éver shall be.
 World without énd. Amen

Antiphon

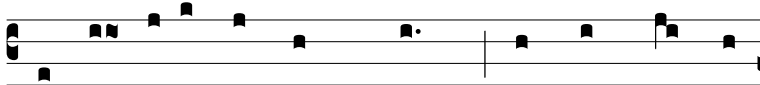
PSALM 21 (20)

Thanksgiving after the Battle

God despoiled the principalities and the powers, making a public spectacle of them, leading them away in triumph. Col 2:15

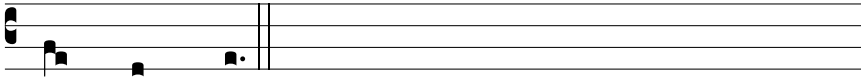
Antiphon

4 $\frac{A}{7}$



O

Lord, arise in your strength; * we shall sing and



praise your power.

**O Lord, arise in your strength;
we shall sing and praise your power.**



In your strength, O LORD, the king rejoices;
how greatly your salvation makes him glad!
You have granted him his heart's desire;
you have not withheld the prayer of his lips.

You came to meet him with blessings of prosperity;
you have set on his head a crown of pure gold.
He asked you for life and this you have given:
days that will last from age to age.

By your saving help great is his glory;
you have bestowed upon him májesty and splendour;
you have granted him bléssings forever,
made him rejoice with the joy of your presence.

The king has placed his trust in the LORD.
Through the mercy of the Most High, he is unshaken.
Your hand will find out all your foes,
your right hand will find out those who hate you.

You will burn them like a blazing furnace
on the day when you appear,
and the LORD will consume them in his anger:
fire will swallow them up.

You will wipe out their descendants from the earth,
and their offspring from the human race.
Though they planned evil against you,
though they plotted, they shall not prevail.

For you will force them to retreat;
at them you will aim with your bow.
O LORD, arise in your strength;
we shall sing and praise your power.

Glory be to the Father, and to the Son,
And to the Holy Spirit.
As it was in the beginning, is now and ever shall be.
World without end. Amen

Antiphon

SCRIPTURE READING

COL 1:9B-11

We have not ceased to pray for you, asking that you may be filled with the knowledge of his will in all spiritual wisdom and understanding, to lead a life worthy of the Lord, fully pleasing to him, bearing fruit in every good work and increasing in the knowledge of God. May you be strengthened with all power, according to his glorious might, for all endurance and patience with joy.

Alternative:

1 THESS 2:13

We also thank God constantly for this, that when you received the word of God which you heard from us, you accepted it not as the word of men but as what it really is, the word of God, which is at work in you believers.

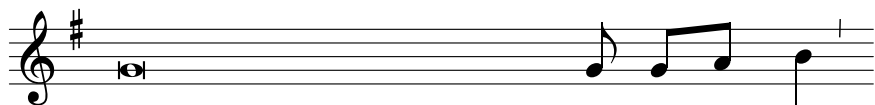
RESPONSORY



Ṙ Heal_ my soul, * for I have sinned a - gainst you. _



Ÿ I have said: 'Lord, have mer-cy up - on us'. *for...



Ÿ Glory be to the Father, and to the Son,



and to the Ho-ly Spi - rit. _ Ṙ Heal_ my...

MAGNIFICAT

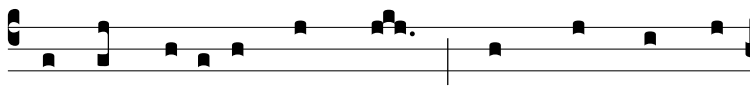
THE CANTICLE OF MARY

Lk 1:46-55

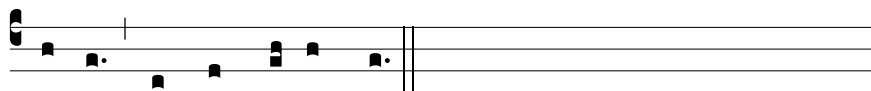
My soul rejoices in the Lord.

Antiphon

Mag. 8



My soul glorifies the Lord, * since God has had



regard for my lowly state.

**My soul glorifies the Lord,
since God has had regard for my lowly state.**



My soul glorifies the LORD,
my spirit rejoices in Gód my Saviour.
He looks on his servant ín her lowliness;
henceforth all ages will cáll me blessed.

The Almighty works marvéls for me.
Holý his name!
His mercy is from áge to age,
on thóse who fear him.

He puts forth his árm in strength
and scatters thé proud hearted.
He casts the mighty fróm their thrones
and raisés the lowly.

He fills the starv'ing with good things,
sends the rich áway empty.

[A&D]

He protects Israél, his servant,
remember'ing his mercy,
the mercy promised tó our fathers,
to Abraham and his sóns for ever.

Glory be to the Father, and tó the Son,
And to the Hóly Spirit.
As it was in the beginning, is now and éver shall be.
World without énd. Amen

Antiphon

INTERCESSIONS

Stay with us, O Lord, for it is towards evening and the day is now far spent. Hear us as we pray for your holy Church, and for the needs of the world.

The Hebdom will offer prayers of intercession

Cantor:

All:

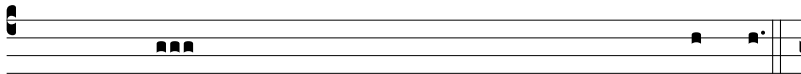


Ky-rie e- leison. * Christe e- leison. Ky-rie e- leison.

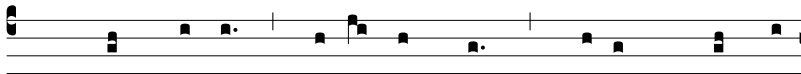
Stir up, O Lord, in your Church that spirit which our Holy Father St Benedict served, that in our time, your people may rejoice in numerous and holy vocations to the monastic life and to the priesthood, in the Houses of the English Congregation of the Order of St Benedict, and here in this monastery of Our Lady, Help of Christians. We make our prayer through Christ our Lord.

R/ Amen.

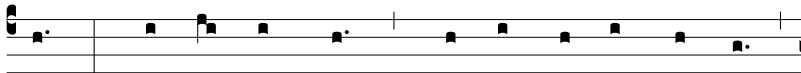
THE LORD'S PRAYER



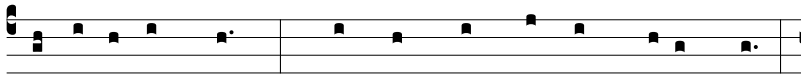
Superior: Let us now pray in the words our Saviour gave us:



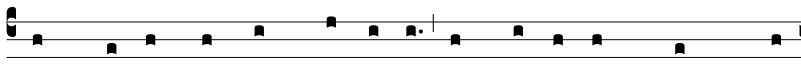
All: Our Father, who art in heaven, hallowed be thy



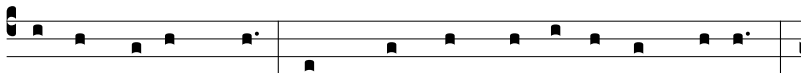
name; thy Kingdom come; thy will be done on earth



as it is in heaven. Give us this day our daily bread;



and forgive us our trespasses as we forgive those who



trespass against us; and lead us not into temptation,



but de-liver us from e-vil.

COLLECT

MONDAY WEEK 1

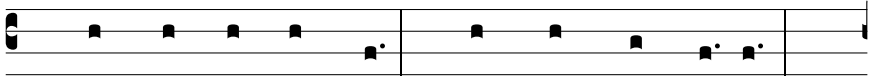
Let our worship give you glory, Lord,
 who for our salvation looked upon
 the lowliness of Mary your handmaid:
 raise us up to share with her
 the fullness of redemption.

We make our prayer
 through our Lord Jesus Christ, your Son,
 who lives and reigns with you in the unity of the Holy Spirit,
 God, for ever and ever.

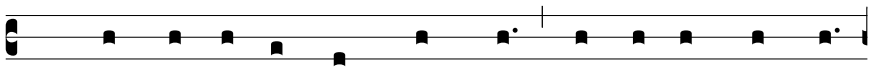
R/ Amen.

CONCLUSION OF THE HOUR

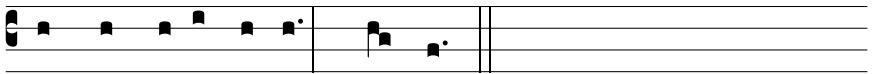
Superior:



∿ The Lord be with you. R And with your spirit.

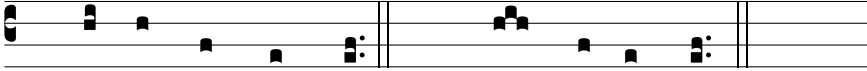


∿ May Almighty God bless you, the Father, the Son



and the Holy Spirit. R A-men.

Cantor:



℣ Let us bless the Lord. ℟ **Thanks be to God.**

V/ May the souls of the faithful departed, through the mercy
of God, rest in peace.

R/ **Amen.**

V/ May the Divine assistance remain always with us.

R/ **And with our absent brethren. Amen**

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