

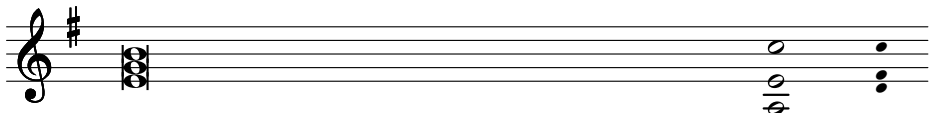
THE DIVINE OFFICE
FERIAL VESPERS



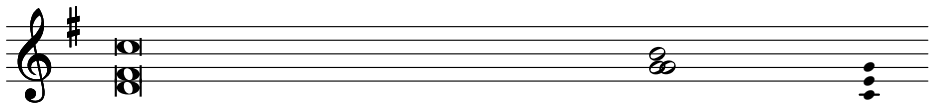
WORTH
ABBAY

FIRST VESPERS SUNDAY WEEK TWO

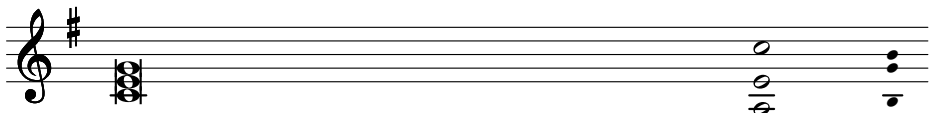
Introduction



1. O God, come to my aid!
2. Glory be to the Father, and to the Son,



1. O Lord, make haste to help me!
2. and to the Holy Spirit,



1. I have called to you, Lord, make speed to save me,
2. as it was in the beginning, is now and ever shall be,



1. hear my voice when I cry to you.
2. world without end. A - men. (Al - le - lu - ia.)

HYMN

Text: *O Lux Beata Trinitatis (Ambrosian)*

EVENING I

HPP2 255

Tune Evening I

O___ splen - - did Light, O Tri - - ni - ty,
 Three___ per - - soned love and u - - ni - ty,
 As now the___ fie - ry___ sun___ de - - parts
 We seek___ your light to fill___ our hearts.

- 2 *To you at dawn we sing our praise;
 To you our evening prayer we raise;
 To you our sacred hymns ascend
 As fervent hearts and voices blend.*
- 3 *O Father, Son, and Spirit blest,
 To you be every prayer addressed;
 One God Three Persons, we adore,
 Before and now and evermore.*

PSALMODY

PSALM 141 (140)

Evening Offering of Incense

An angel stood before the face of God, thurible in hand. The fragrant incense soaring aloft was the prayer of God's people on earth. Rev 8:3-4

Antiphon

1 *L* et my prayer be as incense before you, * the raising
 of my hands like an evening ob-lation.

**Let my prayer be as incense before you,
 the raising of my hands like an evening oblation.**

A B (C) D Bevenot 1

I have called to you, LORD; O hásten to help me!
 Hear my voice when I c^ry to you.
 Let my prayer be as incense before you,
 the raising of my hands like an evening oblation.

Set, O LORD, a guard ón my mouth;
 keep watch at the door óf my lips!
 Do not turn my heart to things thát are evil,
 to wicked deeds with those whó are sinners.

Never allow me to share ín their feasting.
 If the upright strikes me ít is kindness;
 but let the oil of the wicked not anóint my head.
 Let my prayer be ever agáinst their malice.



If they fall into the merciless hands of their judges,
they will grasp how kind are my words.

As clods of earth ploughed up on the ground,
so their bones were strewn at the mouth of Sheol.

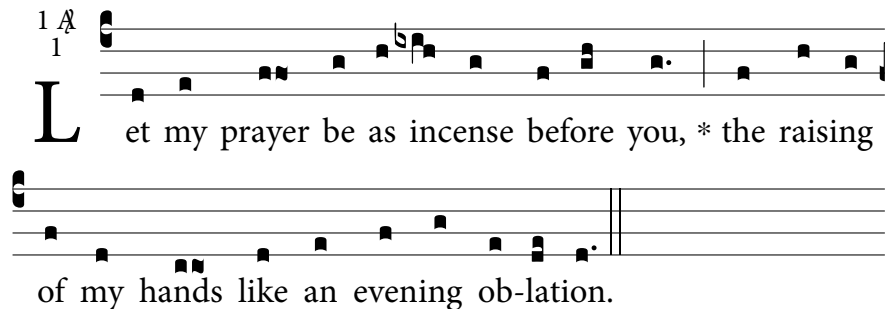
To you my eyes are turned, O LÓRD, my LORD,
In you I take refuge; spare my soul!
From the trap they have laid for me, keep me safe;
keep me from the snares of those who do evil.

Let the wicked together fall into their traps, [A+D]
while I pursue my way unharmed.

Glory be to the Father, and to the Son,
And to the Hóly Spirit.
As it was in the beginning, is now and ever shall be.
World without end. Amen

Antiphon

**Let my prayer be as incense before you,
the raising of my hands like an evening oblation.**

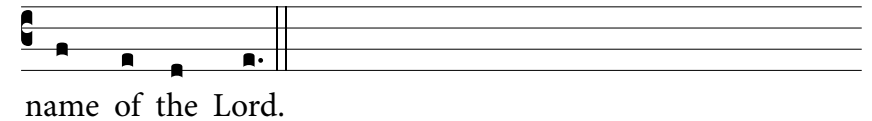
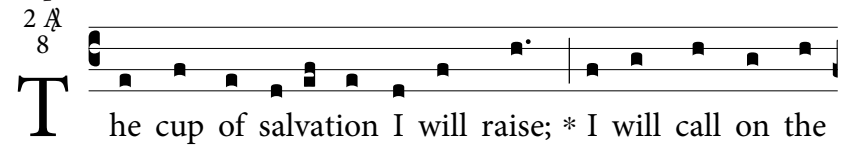


PSALM 116B (115)

You Have Loosened My Bonds

Through Christ let us offer to God a continual sacrifice of praise. Heb 13:15

Antiphon



**The cup of salvation I will raise;
I will call on the name of the Lord.**



I trusted, even when I said,
“I am sórelly afflicted,”
and when I said in my alarm,
“These people are all liars.”

How can I repay the LORD
for all his góodness to me?
The cup of salvation I will raise;
I will call on the name of the LORD.

My vows to the LORD I will fulfil
before all his people.
How precious in the eyes of the LORD
is the death of his faithful.

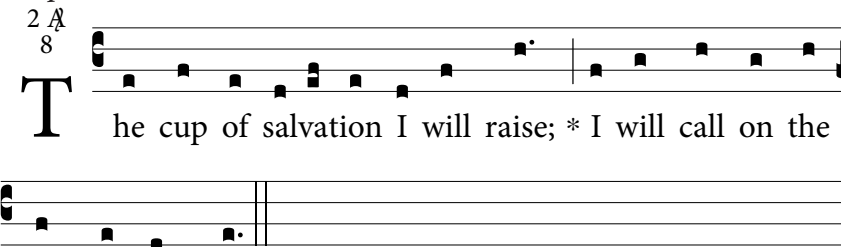


Your servant, LORD, your servant am I, †
 the son of your handmaid;
 you have loosened my bonds.
 I will offer you a thanksgiving sacrifice;
 I will call on the name of the LORD.

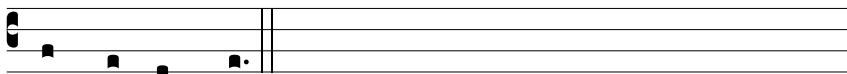
My vows to the LORD I will fulfil
 before all his people,
 in the courts of the house of the LORD,
 in your midst, Ó Jerusalem.

Glory be to the Father, and to the Son,
 And to the Holy Spirit.
 As it was in the beginning, is now and ever shall be.
 World without end. Amen

Antiphon



The cup of salvation I will raise; * I will call on the



name of the Lord.

PSALM 16 (15)

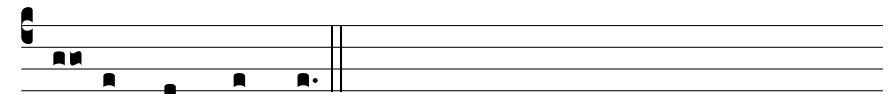
My Portion and My Cup

God freed him from death's bitter pangs, and raised him up again. For it was impossible that death should keep its hold on him. Acts 2:24

Antiphon



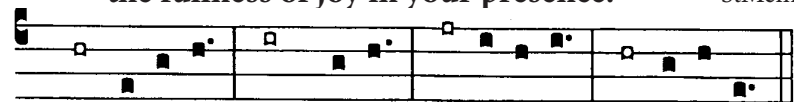
You will show me the path of life, * the fullness of



joy in your presence.

**You will show me the path of life,
 the fullness of joy in your presence.**

StMeinrad Mode 4

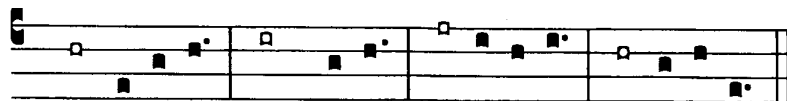


Preserve me, O God, for in you I take refuge.
 I say to the LORD, "You are my LORD.
 You, you alone are my good"

[omit C]

As for the holy ones who dwell in the land,
 they are noble, and in them is all my delight.
 Those who choose other gods increase their sorrows.
 I will not take part in their offerings of blood. †
 Nor will I take their names upon my lips.

O LORD, it is you who are my portion and cup;
 you yourself who secure my lot.
 Pleasant places are marked out for me:
 a pleasing heritage indeed is mine!



I will bless the LORD who gives me counsel,
 who even at night directs my heart.
 I keep the LORD before me always;
 with him at my right hand, I shall not be moved.

And so, my heart rejoices, my soul is glad;
 even my flesh shall rest in hope.
 For you will not abandon my soul to Sheol,
 nor let your holy one see corruption.

You will show me the path of life,
 the fullness of joy in your presence,
 at your right hand, bliss forever.

[omit C]

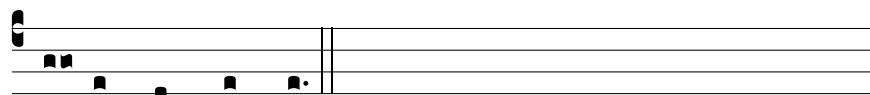
Glory be to the Father, and to the Son,
 And to the Holy Spirit.
 As it was in the beginning, is now and ever shall be.
 World without end. Amen

Antiphon

**You will show me the path of life,
 the fullness of joy in your presence**



You will show me the path of life, * the fullness of



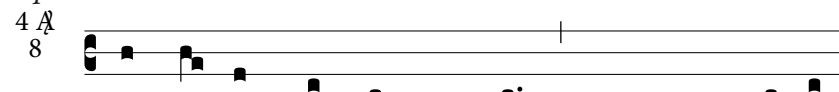
joy in your presence.

CANTICLE - PHILIPPIANS 2:6-11

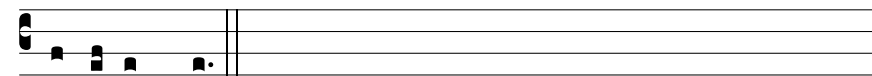
Christ, God's Holy Servant

They took him down from the tree and placed him in a tomb, but God raised him from the dead. Acts 13:29-30

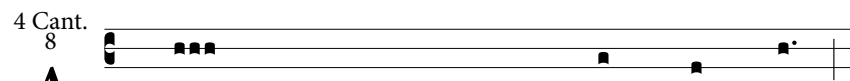
Antiphon



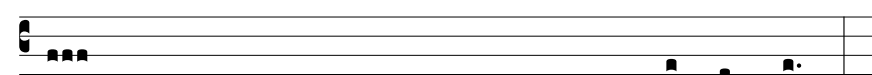
Christ Je-sus humbled himself, * and God highly



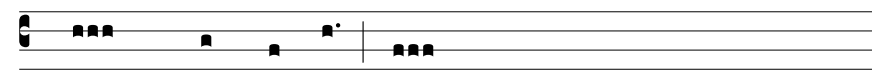
ex-alted him.



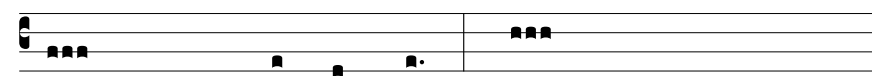
Although Christ Jesus was in the form of God



he did not count equality with God / a thing to be grasped,



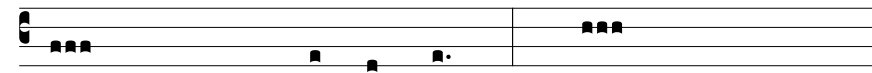
℞ but emp-tied himself taking the form of a servant, / being



born in the like-ness of men. ∇ And being found in human



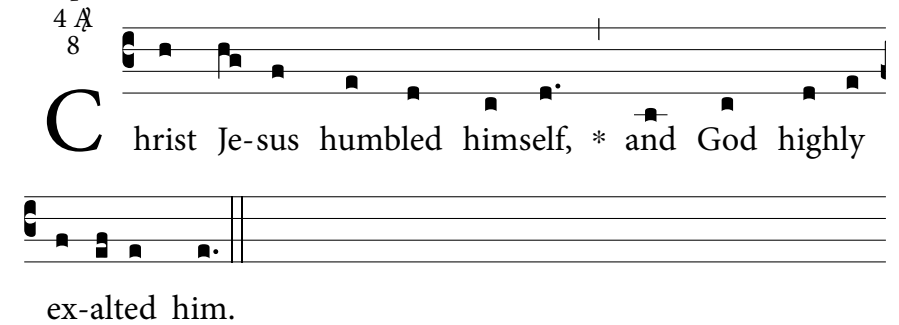
form, / he humbled himself and became obedient unto



death, / even death on a cross. ℞ Therefore God has high-



ly exalted him and bestowed on him the name which is above every name, Ψ that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, \Re and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father. Ψ Glory be to the Father, and to the Son and to the Holy Spirit, \Re as it was in the beginning, is now and ever shall be world without end. Amen.

Antiphon


$\frac{4}{8}$
C hrist Je-sus humbled himself, * and God highly ex-alted him.

SCRIPTURE READING

HEB 13:20-21

Now may the God of peace who brought again from the dead our Lord Jesus, the great shepherd of the sheep, by the blood of the eternal covenant, equip you with everything good that you may do his will, working in you that which is pleasing in his sight, through Jesus Christ; to whom be glory for ever and ever. Amen.

Alternative:

2 PET 1:19-20

And we have the prophetic word made more sure. You will do well to pay attention to this as to a lamp shining in a dark place, until the day dawns and the morning star rises in your hearts. First of all you must understand this, that no prophecy of scripture is a matter of one's own interpretation, because no prophecy ever came by the impulse of man, but men moved by the Holy Spirit spoke from God.

RESPONSORY



Ṙ From the ri-sing of the sun to its set--ting,



* great is the name__ of the Lord.



∨̇ High a -bove the__ hea-vens is his glo--ry; *great



∨̇ Praise to the Fa-ther, praise to the Son,



praise to the Ho-ly__ Spi-rit. Ṙ From the...

MAGNIFICAT

THE CANTICLE OF MARY

Lk 1:46-55

My soul rejoices in the Lord

Antiphon and Psalm tone of the Sunday - see separate sheet

My soul glorifies the LORD,
my spirit rejoices in Gód my Saviour.
He looks on his servant ín her lowliness;
henceforth all ages will cáll me blessed.

The Almighty works marvéls for me.
Holý his name!
His mercy is from áge to age,
on thóse who fear him.

He puts forth his árm in strength
and scatters thé proud hearted.
He casts the mighty fróm their thrones
and raisés the lowly.

He fills the starvín with good things,
sends the rich áway empty.

[A&D]

He protects Israél, his servant,
rememberín his mercy,
the mercy promised tó our fathers,
to Abraham and his sóns for ever.

Glory be to the Father, and tó the Son,
And to the Hóly Spirit.
As it was in the beginning, is now and éver shall be.
World without énd. Amen

Antiphon

INTERCESSIONS

Let us pray to Christ our Lord, for he is the light shining in darkness for the salvation of all the world.

The Hebdom will offer prayers of intercession

Cantor: **All:**

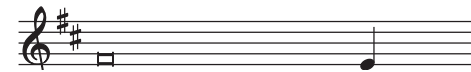


Ky-rie e- leison. * Christe e- leison. Ky-rie e- leison.

Stir up, O Lord, in your Church that spirit which our Holy Father St Benedict served, that in our time, your people may rejoice in numerous and holy vocations to the monastic life and to the priesthood, in the Houses of the English Congregation of the Order of St Benedict, and here in this monastery of Our Lady, Help of Christians. We make our prayer through Christ our Lord.

R/ Amen.

THE LORD'S PRAYER



Let us now pray in the words our Saviour gave us.



All: Our Fa-ther, who art in heav'n, hal-lowed be thy name.



Thy king-dom come, thy will be done on earth, as it is in heav'n



Give us this day our dai-ly bread, and for-give us our tres-pass-e:



as we for-give those who tres-pass a-gainst us,



and lead us not in-to temp-ta-tion, but de-liv-er us from e-vil.

COLLECT

Collect of the Sunday

ANTIPHON OF OUR LADY

SALVE REGINA

from Pentecost until the Assumption:

SALVE REGINA, * ma-ter mi-se-ricórdi-æ, Vi-ta, dulcé-
do, et spes nostra, salve. Ad te clamámus, éxsu-les,
fí-li-i Hevæ. Ad te suspi-rámus, geméntes et flentes in
hac lacrimárum valle. Eia ergo, Advocáta nostra, illos
tu-os mi-se-ricórdes óculos ad nos convérte. Et Iesum,
benedíctum fructum ventris tu-i, nobis post hoc exsíl-i-um
osténde. O cle mens, O pi-a, O dulcis Virgo
Ma-rí- a.

SUB TUUM PRAESIDIUM

from the Assumption to the End of the Year:

SUB TU-UM praesí-di-um confúgimus, * sancta De-i
Génitrix: nostras depre-ca-ti-ónes ne despí-ci-as in neces-
si-tá-tibus: sed a per-í-cu-lis cunctis líbera nos semper,
Virgo glo-ri-ós-a et be- ne-dícta.

CONCLUSION OF THE HOUR

Superior:

∿ The Lord be with you. ℞ **And with your spirit.**

∿ May Almighty God bless you, the Father, the Son
and the Holy Spirit. ℞ **A-men.**

